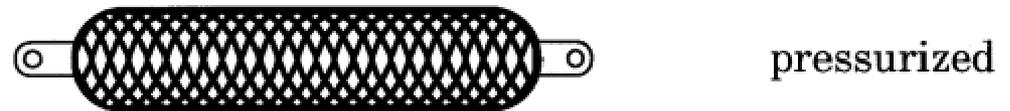
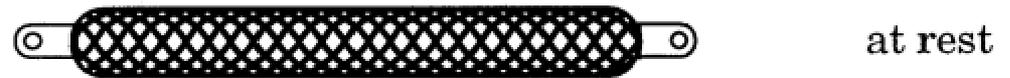
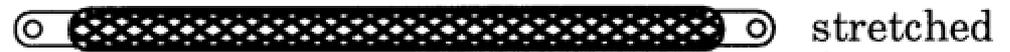
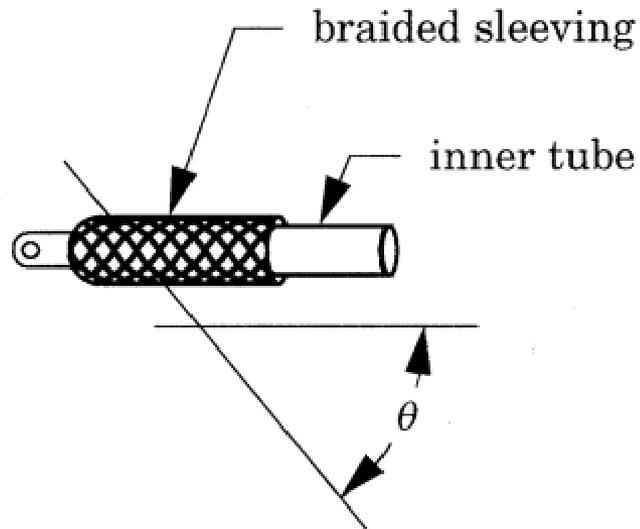


# McKibben Actuators



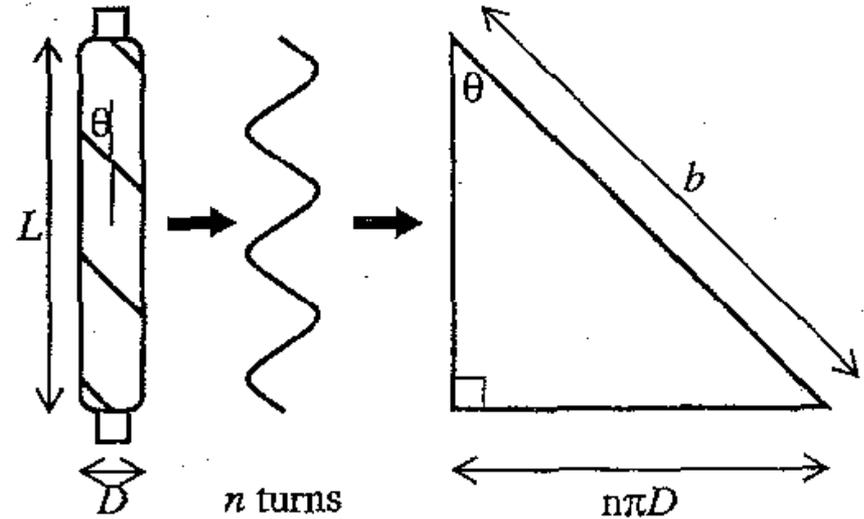
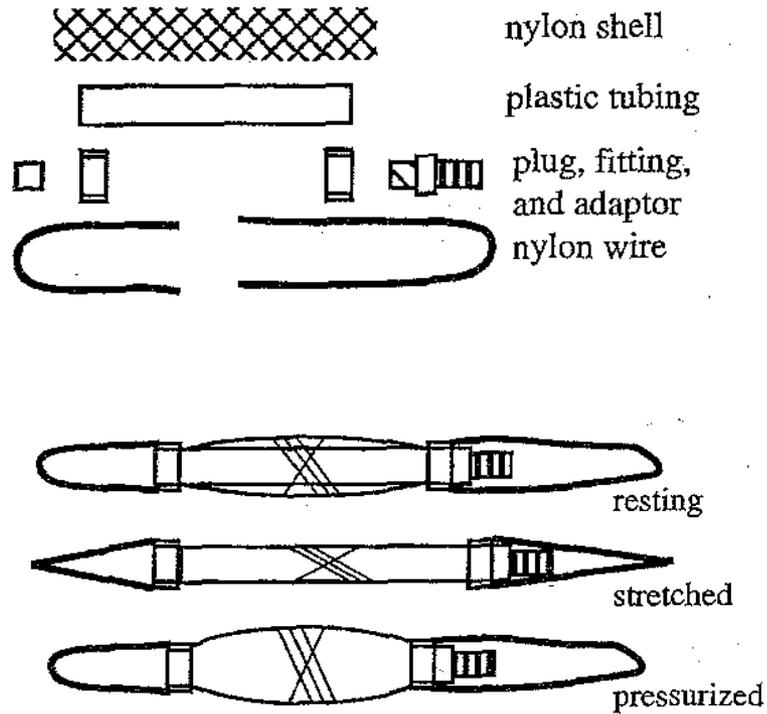
Daerden & Lefeber, *Euro. J. Mech. Environ. Eng.* 2002.

Naturally Flexible & Elastic  
Tunable Elastic Stiffness  
Lightweight

# McKibben Actuators – Theory

CHOU AND HANNAFORD: MEASUREMENT AND MODELING OF ARTIFICIAL MUSCLES

IEEE TRANSACTIONS ON ROBOTICS AND AUTOMATION, VOL. 12, NO. 1, FEBRUARY 1996



$$L = b \cos \theta$$

$$D = \frac{b \sin \theta}{n\pi}$$



Cylinder:

$$\lambda_1 = L/L_0$$

$$\lambda_2 = R/R_0$$

$$\lambda_3 = 1/\lambda_1\lambda_2 = L_0R_0/LR$$

$$\Pi = WV_0 - pV_e - FL$$

$$V_0 = 2\pi R_0 t_0 L_0$$

$$V_e = \pi R^2 L$$

$$W = \frac{E}{24} (\lambda_1^4 + \lambda_2^4 + \lambda_3^4 - 3)$$

$$\Pi = \frac{1}{12} \pi E R_0 t_0 L_0 \left( \lambda_1^4 + \lambda_2^4 + \frac{1}{\lambda_1^4 \lambda_2^4} - 3 \right) - \pi R^2 L p - FL$$

$$R = \frac{D}{2} = \frac{b \sin \theta}{2n\pi} = \frac{b}{2n\pi} \sqrt{1 - \cos^2 \theta}$$

$$\therefore R = \frac{b}{2n\pi} \sqrt{1 - \frac{L^2}{b^2}}$$

$$L = b \cos \theta$$

Prescribed internal pressure \$p\$ and external tensile load \$F\$. Solve for \$L\$:

$$\Pi = \Pi(L; p, F) \quad \frac{d\Pi}{dL} = 0$$

$$\frac{d\Pi}{dL} = 0 \Rightarrow F = V_0 \frac{dW}{dL} - p \frac{dV_e}{dL}$$

$$= \frac{d}{dL} \left\{ \frac{1}{12} \pi E R_0 t_0 L_0 \left( \lambda_1^4 + \lambda_2^4 + \frac{1}{\lambda_1^4 \lambda_2^4} - 3 \right) - \pi R^2 L p \right\}$$

$$R := \frac{b}{2 n \pi} \sqrt{1 - \frac{L^2}{b^2}};$$

$$\lambda_1 := \frac{L}{L_0};$$

$$\lambda_2 := \frac{R}{R_0};$$

$$\lambda_3 := \frac{1}{\lambda_1 \lambda_2};$$

$$W := \frac{Y}{24} (\lambda_1^2 + \lambda_2^2 + \lambda_3^2 - 3);$$

$$V_0 := 2 \pi R_0 t_0 L_0;$$

$$V_e := \pi R^2 L;$$

$$\partial_L (W V_0 - p V_e)$$

Pressure  
Controlled

Elasticity  
Controlled

$$\frac{L^2 p}{2 n^2 \pi} - \frac{b^2 \left(1 - \frac{L^2}{b^2}\right) p}{4 n^2 \pi} + \frac{1}{12} L_0 \pi R_0 \left( \frac{2 L}{L_0^2} - \frac{L}{2 n^2 \pi^2 R_0^2} + \frac{8 L_0^2 n^2 \pi^2 R_0^2}{b^4 L \left(1 - \frac{L^2}{b^2}\right)^2} - \frac{8 L_0^2 n^2 \pi^2 R_0^2}{b^2 L^3 \left(1 - \frac{L^2}{b^2}\right)} \right) t_0 Y$$

To solve for L, we must perform a numerical root finding.

First, we must get an expression for dΠ/dL:

*Maple Code:*

$$R := \frac{b}{2 n \pi} \sqrt{1 - \frac{L^2}{b^2}} :$$

$$\lambda_1 := \frac{L}{L0} :$$

$$\lambda_2 := \frac{R}{R0} :$$

$$\lambda_3 := \frac{1}{\lambda_1 \lambda_2} :$$

$$W := \frac{E}{24} (\lambda_1^4 + \lambda_2^4 + \lambda_3^4 - 3) :$$

$$V0 := 2 \pi R0 t0 L0 :$$

$$Ve := \pi R^2 L :$$

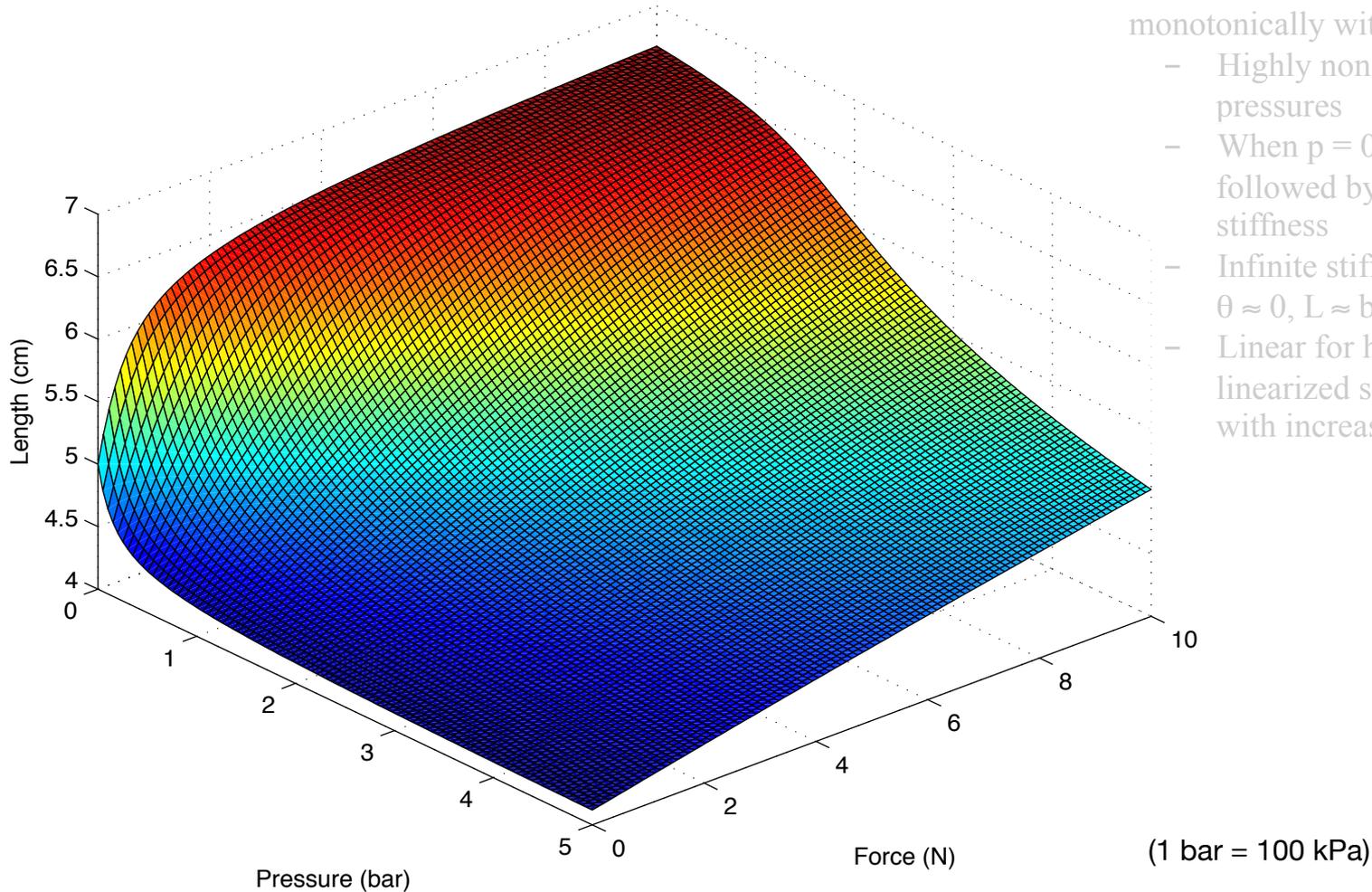
$$\Pi := W V0 - p Ve - F L :$$

$$\frac{d}{dL} \Pi$$

$$\frac{1}{12} E \left( \frac{4 L^3}{L0^4} - \frac{1}{4} \frac{b^2 \left(1 - \frac{L^2}{b^2}\right) L}{n^4 \pi^4 R0^4} - \frac{64 L0^4 n^4 \pi^4 R0^4}{L^5 b^4 \left(1 - \frac{L^2}{b^2}\right)^2} + \frac{64 L0^4 n^4 \pi^4 R0^4}{L^3 b^6 \left(1 - \frac{L^2}{b^2}\right)^3} \right) \pi R0 t0 L0 + \frac{1}{2} \frac{p L^2}{\pi n^2} - \frac{1}{4} \frac{p b^2 \left(1 - \frac{L^2}{b^2}\right)}{\pi n^2} - F$$

# Theoretical Results

$R_0 = 2.5 \text{ mm}$     $E = 1 \text{ MPa}$   
 $L_0 = 50 \text{ mm}$     $\theta_0 = \pi/4$   
 $t_0 = 0.1 \text{ mm}$     $b = L_0/\cos(\theta_0) = 70.7 \text{ mm}$   
 $n = 3.18$



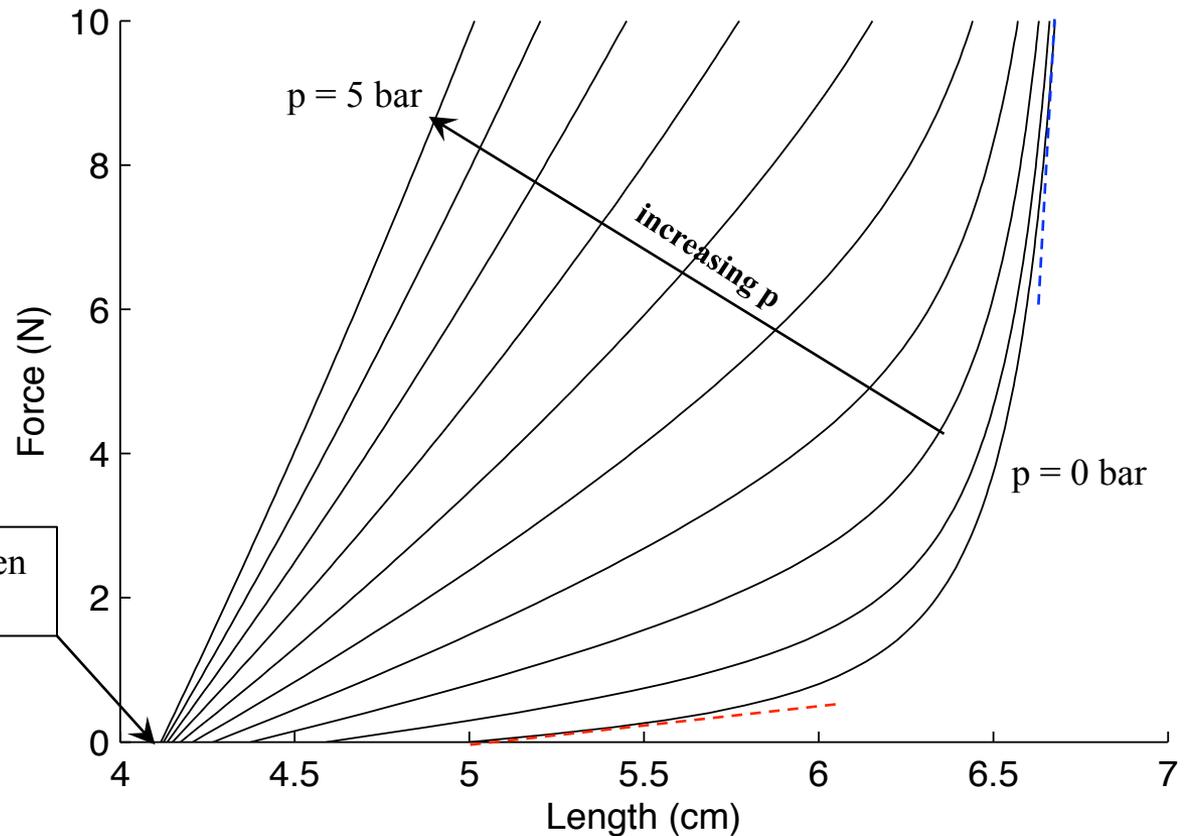
## Observations

- When  $F = 0$  and  $p > 100 \text{ kPa}$ , the “rest” length reduces to  $\approx 4.08 \text{ cm}$
- Tensile stiffness does not increase monotonically with force
  - Highly non-linear for moderate pressures
  - When  $p = 0$ , high compliance is followed by almost infinite stiffness
  - Infinite stiffness corresponds to  $\theta \approx 0$ ,  $L \approx b = 7.07 \text{ cm}$
  - Linear for high pressures; linearized stiffness increases with increasing  $p$

# Theoretical Results

$$\frac{L^2 p}{2 n^2 \pi} - \frac{b^2 \left(1 - \frac{L^2}{b^2}\right) p}{4 n^2 \pi} + \frac{1}{12} L_0 \pi R_0 \left( \frac{2 L}{L_0^2} - \frac{L}{2 n^2 \pi^2 R_0^2} + \frac{8 L_0^2 n^2 \pi^2 R_0^2}{b^4 L \left(1 - \frac{L^2}{b^2}\right)^2} - \frac{8 L_0^2 n^2 \pi^2 R_0^2}{b^2 L^3 \left(1 - \frac{L^2}{b^2}\right)} \right) t_0 Y$$

$R_0 = 2.5 \text{ mm}$     $E = 1 \text{ MPa}$   
 $L_0 = 50 \text{ mm}$     $\theta_0 = \pi/4$   
 $t_0 = 0.1 \text{ mm}$     $b = L_0/\cos(\theta_0) = 70.7 \text{ mm}$   
 $n = 3.18$



For large  $p$ , rest length (i.e.  $L$  when  $F = 0$ ) approaches  $L^* = 40.8 \text{ mm}$

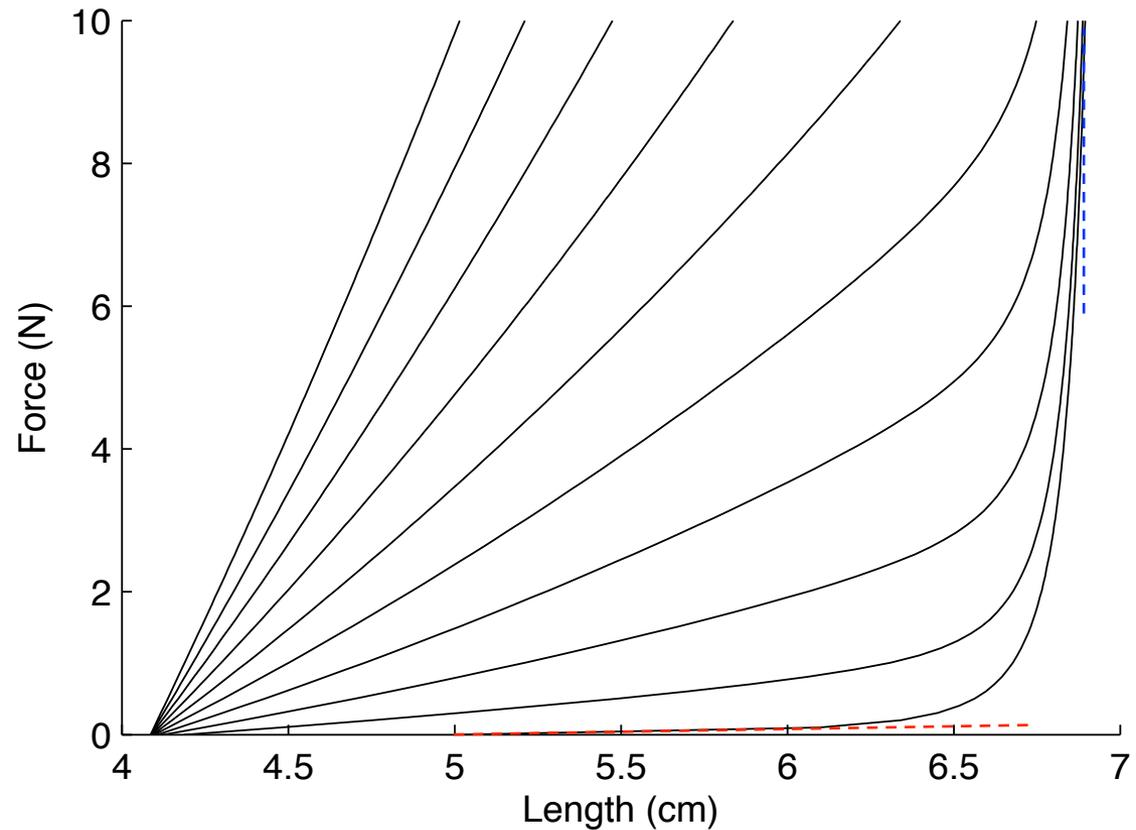
# Theoretical Results

$R_0 = 2.5 \text{ mm}$     $E = 1 \text{ MPa}$   
 $L_0 = 50 \text{ mm}$     $\theta_0 = \pi/4$   
 $t_0 = 0.01 \text{ mm}$     $b = L_0/\cos(\theta_0) = 70.7 \text{ mm}$   
 $n = 3.18$

## Observations

As  $t_0 \rightarrow 0$ , the elasticity of the shell wall can be ignored.

- The actuator contracts to a rest length  $L^* = 40.8 \text{ mm}$  for *any* pressure  $p > 0$
- When  $p = 0$ , only a little amount of tension is required to straighten out the helical fibers ( $\theta \approx 0$ ,  $L \approx b = 7.07 \text{ cm}$ )
- For large pressures, the solution is similar to before (i.e. shell wall thickness only matters when  $p$  is small)



Suppose we ignore the elasticity of the cylinder wall.

$$\Pi \approx -pV_e - FL$$

$$\Rightarrow F \approx -p \frac{dV_e}{dL} = -p \frac{d}{dL} \left\{ \pi \left( \frac{b}{2n\pi} \right)^2 \left( 1 - \frac{L^2}{b^2} \right) L \right\}$$

$$\therefore F \approx \frac{pb^2}{4\pi n^2} \left\{ \frac{3L^2}{b^2} - 1 \right\}$$

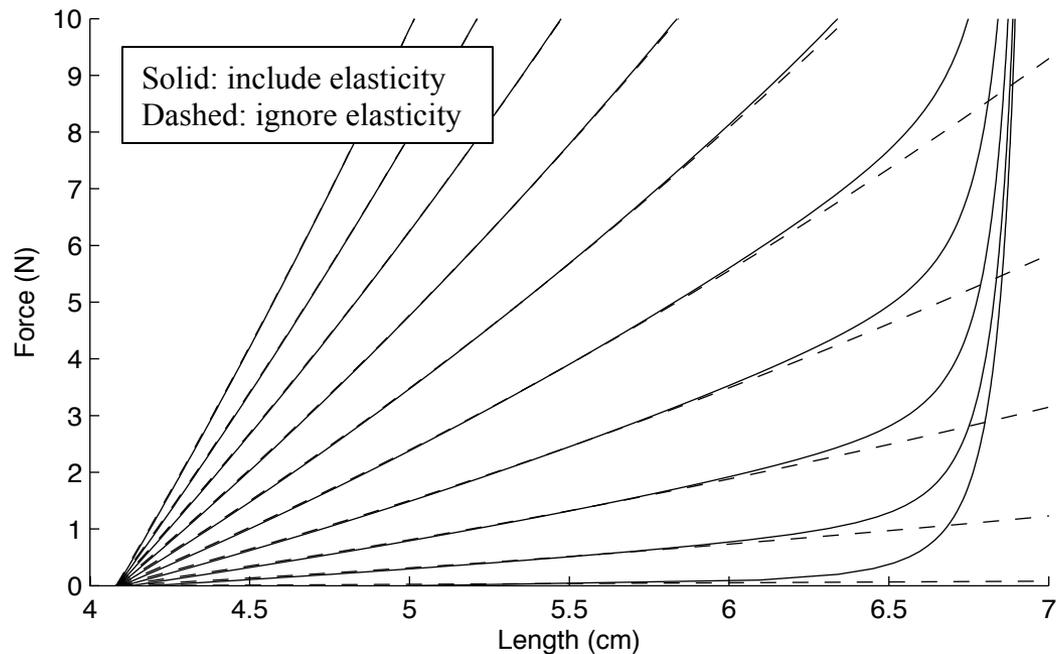
$$\Rightarrow L \approx \sqrt{\frac{4n^2\pi F}{3p} + \frac{b^2}{3}}$$

For  $F = 0$  and  $p > 0$ ,

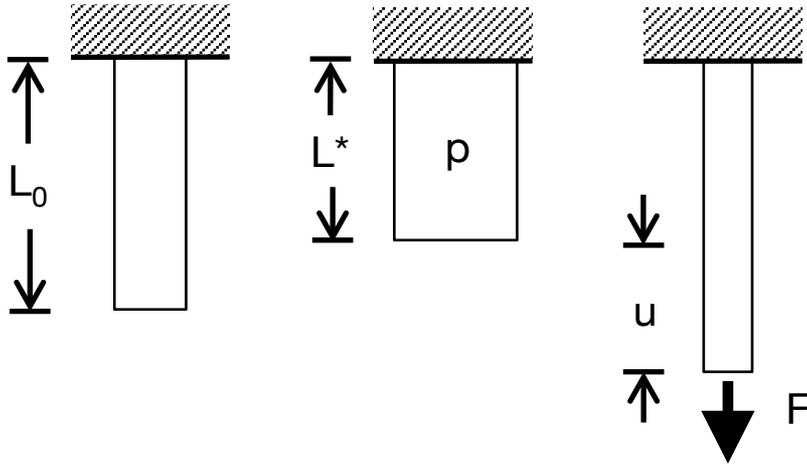
$$L = L^* = \frac{b}{\sqrt{3}}$$

$$\begin{aligned} R_0 &= 2.5 \text{ mm} \\ L_0 &= 50 \text{ mm} \\ t_0 &= 0.01 \text{ mm} \end{aligned}$$

$$\begin{aligned} E &= 1 \text{ MPa} \\ \theta_0 &= \pi/4 \\ \mathbf{b} &= \mathbf{7.07 \text{ mm}} \\ \mathbf{L^*} &= \mathbf{4.08 \text{ cm} \checkmark} \end{aligned}$$

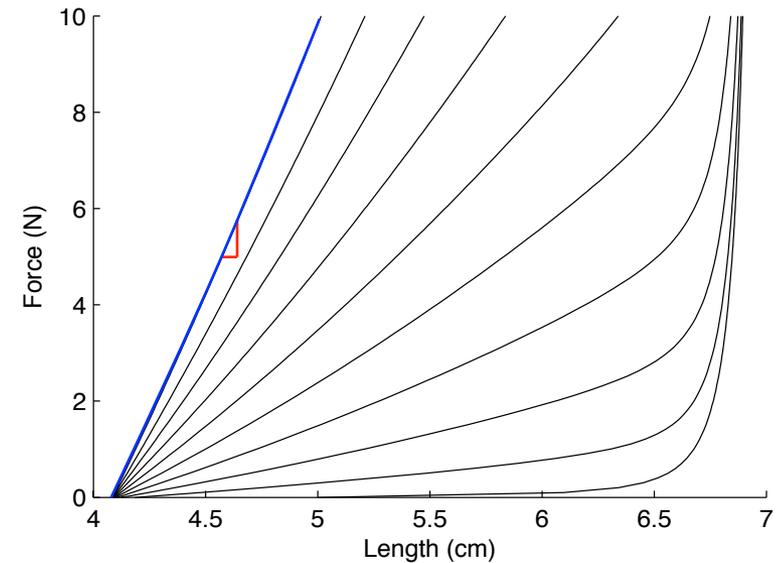


# McKibben Actuators – Effective Spring Constant



$$F = \frac{pb^2}{4\pi n^2} \left\{ \frac{3}{b^2} \left( \frac{b}{\sqrt{3}} + u \right)^2 - 1 \right\} \approx ku$$

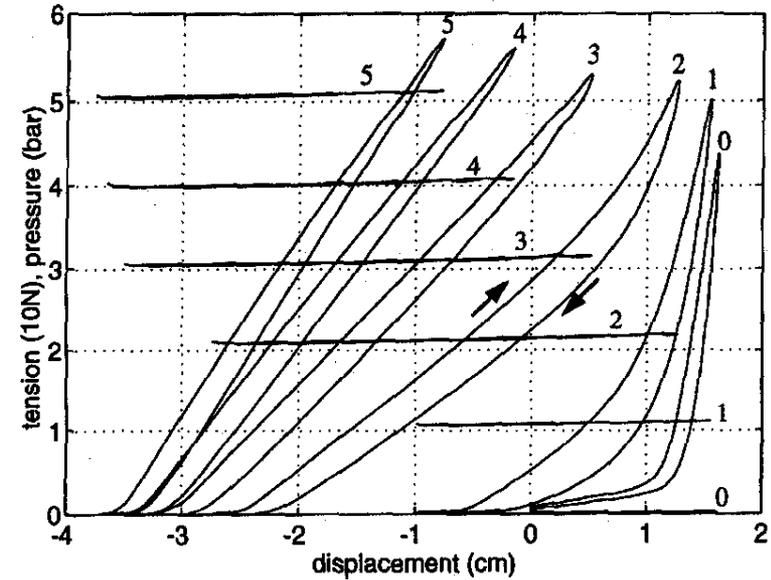
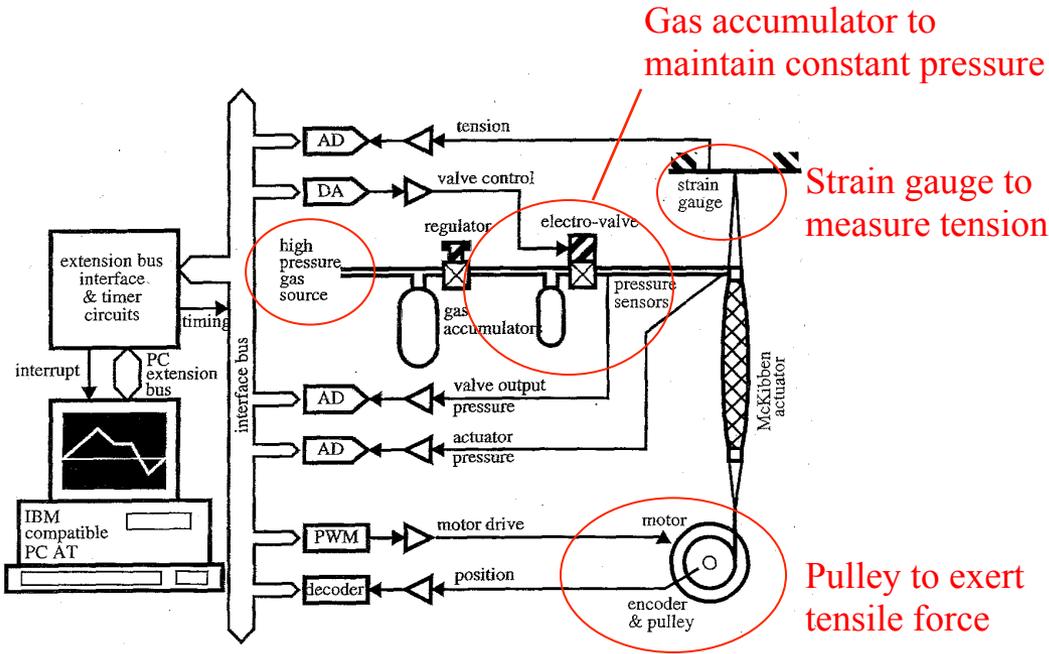
$$k = \left. \frac{dF}{du} \right|_{u=0} = \left\{ \frac{b\sqrt{3}}{2\pi n^2} \right\} p$$



$$b = 7.07 \text{ cm} \quad p = 0.5 \text{ MPa}$$

$$n = 3.18 \quad k = 9.6 \text{ N/cm} \checkmark$$

# Experiment



Nylon Shell

$$L_0 = 14 \text{ cm}$$

$$R = 5.5 \text{ mm} \quad (@ 5 \text{ bar})$$

- Rest length changes with pressure; elasticity of the cylinder wall matters!
- Hysteresis – why?

$$L^* \approx (14 - 3.5) \text{ cm} = 10.5 \text{ cm (estimated)}$$

$$b = 1.732L^* = 18.2 \text{ cm}$$

$$n = \frac{b}{2R\pi} \sqrt{1 - \frac{L^2}{b^2}} = 4.3$$

$$k = \left\{ \frac{b\sqrt{3}}{2\pi n^2} \right\} p = 13.5 \frac{\text{N}}{\text{cm}} \quad (\text{exp: } \approx 20 \text{ N/cm})$$

# Hysteresis

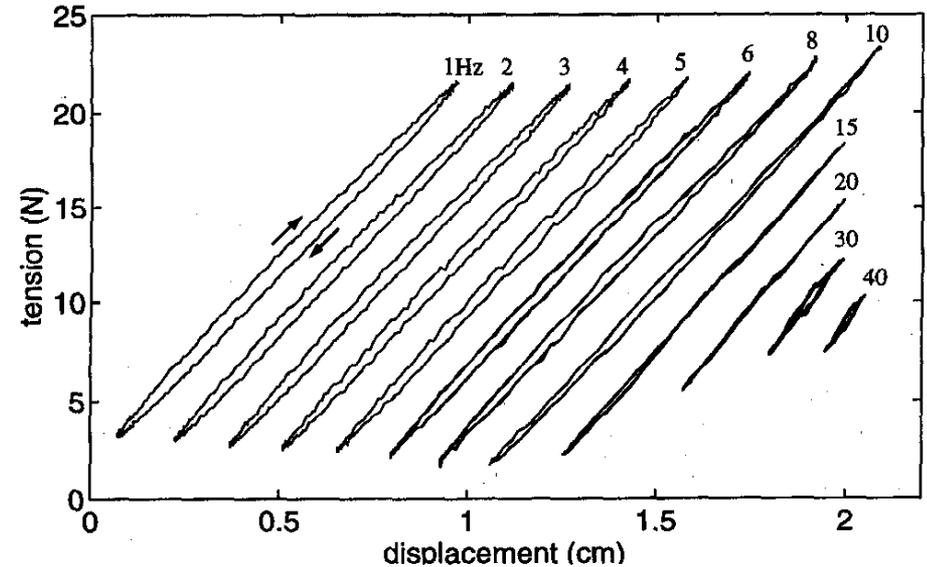
Two potential sources:

## Viscous Damping

- viscoelasticity of shell wall
- viscous drag of pressurized air
- External Air drag
- increase with velocity/frequency

## Coulombic Friction

- Sliding friction between fibers and shell wall
- invariant to loading frequency



Little change in the width of the tension-displacement loop (except at high frequencies)  $\Rightarrow$  Hysteresis primarily governed by friction

# Efficiency

*Quasi-static (no KE, Isothermal), Constant Pressure Loading*

Hypothetical piston-valve system for determining energy required to pressurize air. Source tubing is assumed to have zero/negligible volume.

## Step 1 (D → A)

- Actuator starts out with ambient pressure ( $P_0 = 1$  bar) and rest length  $L_0 = 14$  cm.
- Actuator is stretched to a length  $L_2 \approx 15.5$  cm.

## Step 2 (A → B)

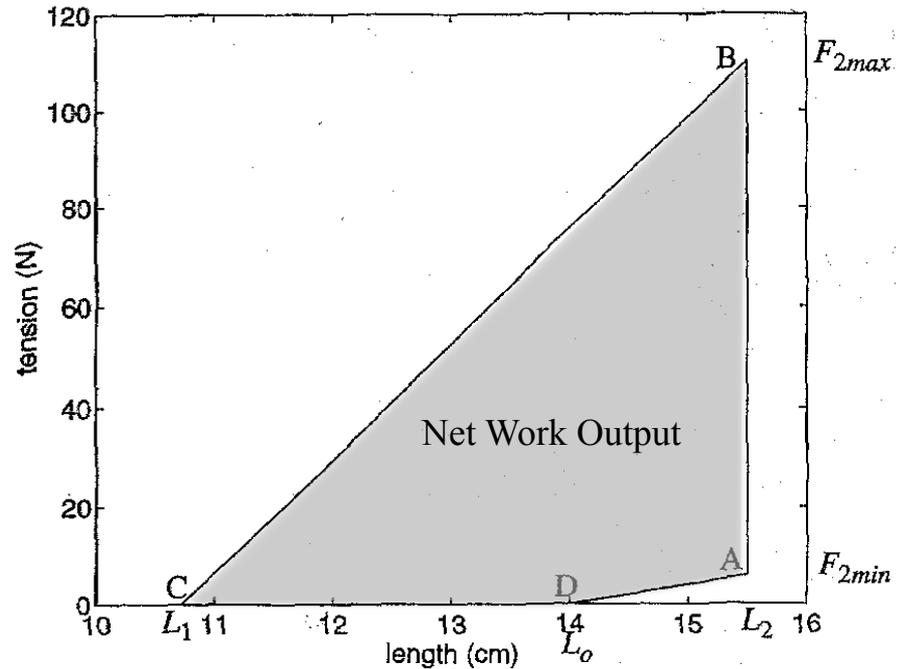
- Internal pressure is increased from  $P_0 = 1$  bar to  $P_h = 6$  bar.
- The length  $L = L_2$  is held fixed by increasing the tension from  $F_{2min} \approx 5$  to  $F_{2max} \approx 110$  N.

## Step 3 (B → C)

- The pressure is kept fixed at 6 bar while the tension is released.
- The length contracts to  $L_1 \approx 10.7$  cm.

## Step 4 (C → D)

- Release pressure:  $P \rightarrow P_0$
- Actuator lengthens back to  $L_0 = 14$  cm.



$$W_a = \frac{1}{2} [(L_2 - L_1)F_{2max} - (L_2 - L_0)F_{2min}]$$

# Efficiency

$V$  = total volume of air in compressor and actuator  
 $V_i = 55 \text{ cm}^3$  = initial total air volume (after Step 1).  
 $P$  = air pressure in compressor and actuator

## Step 2: A → B

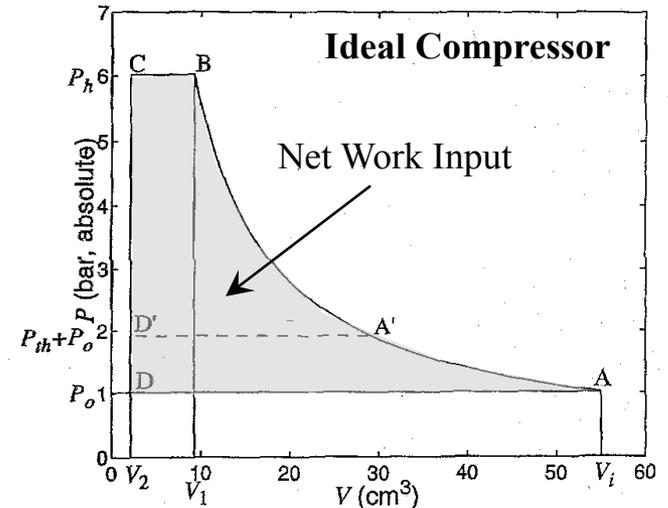
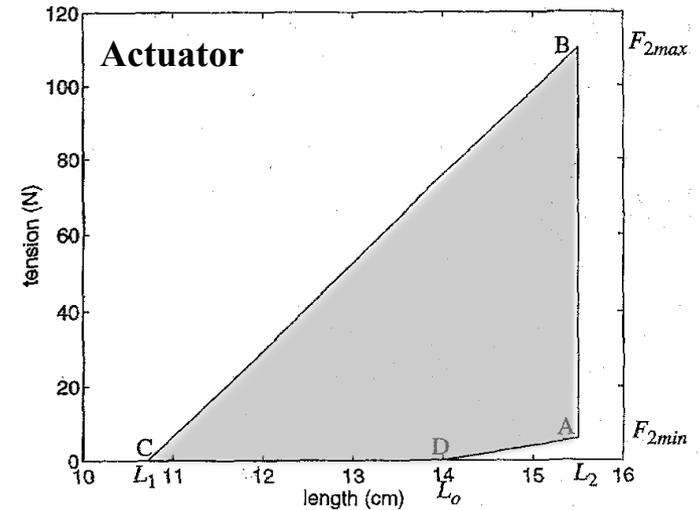
- Air pressure is increased (from  $P_0 = 1 \text{ bar}$  to  $P_h = 6 \text{ bar}$ ) by reducing volume of compressor (by  $45 \text{ cm}^3$ ).
- Tension is applied to actuator to maintain constant length ( $L_2 \approx 15.5 \text{ cm}$ ) and actuator
- Total final volume is  $V_1 = 10 \text{ cm}^3$ .
- Since air doesn't enter or leave the system,  $PV = \text{constant}$ , i.e.  $P_0 V_i = P_h V_1$

## Step 3: B → C

- The pressure is kept fixed at 6 bar while the tension is released.
- Actuator contracts to  $L_1 \approx 10.7 \text{ cm}$ .
- Compressor fully collapses, i.e. all the air is in the actuator ( $V = V_2 \approx 2.5 \text{ cm}^3$ )

## Step 4: C → D

- Release pressure (exhale) to environment
- Actuator lengthens back to  $L_0 = 14 \text{ cm}$ .
- Volume remains constant (i.e. equal to volume  $V_2$  in actuator)



# Efficiency

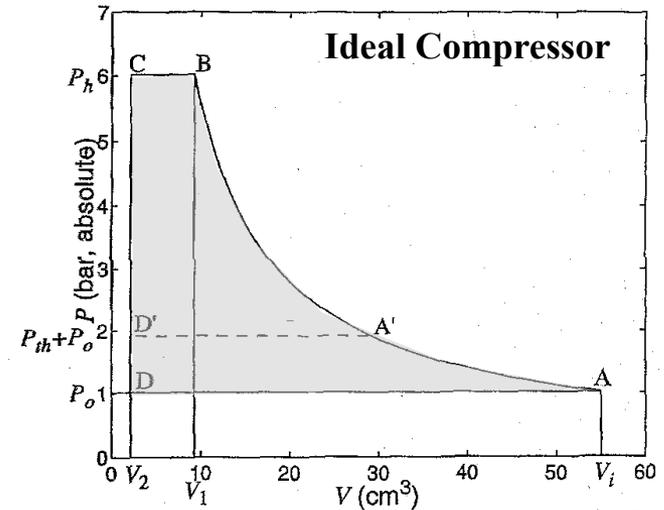
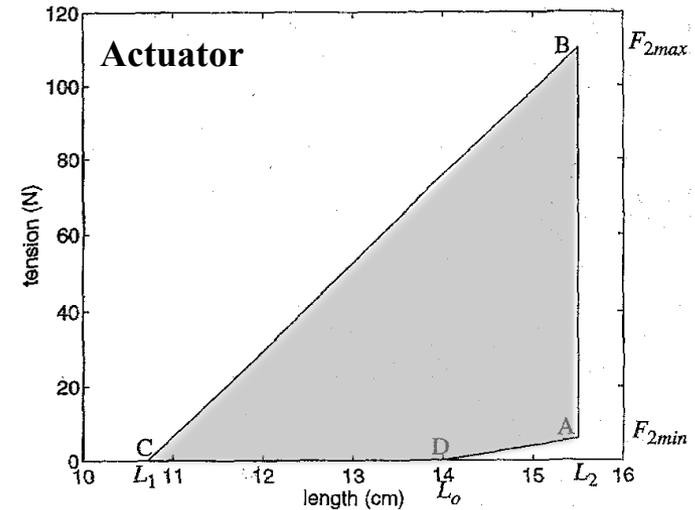
$$\begin{aligned}
 W_{01} &= - \int_{V_i}^{V_1} (P - P_0) dV = - \int_{V_i}^{V_1} P dV - P_0(V_i - V_1) \\
 &= -P_h V_1 \int_{V_2}^{V_1} \frac{dV}{V} - P_0 V_i \left(1 - \frac{P_0}{P_h}\right) \\
 &= P_h V_1 \left( \log \frac{P_h}{P_0} - 1 + \frac{P_0}{P_h} \right).
 \end{aligned}$$

$$W_{12} = (P_h - P_0)(V_1 - V_2)$$

$$E_a = \frac{W_a}{W_{01} + W_{12}}$$

**Measured:**  $E_a \approx 0.3$

- Energy lost when exhaling pressurized air to environment
- Actuator not performing mechanical work in Step 2
  - work input from compressor ( $W_{01}$ ) is all wasted in Step 4
  - Step 2 is necessary for actuator to perform work in step 3
- Improve efficiency by exhaling/inhaling with a gas accumulator:  $E_a \rightarrow 0.5!$



# McKibben Actuators

THE MECHANICAL PROPERTIES OF THE MCKIBBEN ACTUATORS AND BIOLOGICAL MUSCLES

properties	units	McKibben actuators @ 5 bar			Biological muscles
		Nylon shell	Fiberglass shell	Bridgestone	
Resting length ( $L_o$ )	cm	14.0	20.0	14.7	
Dynamic range	$L_o$	0.75 - 1.1	0.86-1.14	0.79 - 1.02	0.64 - 1.12
Maximum tension	N	110 @ 1.1 $L_o$	56 @ 1.15 $L_o$	260 @ 1.02 $L_o$	
Stiffness	N/ $L_o$	314	200	1130	
Work per cycle	N $L_o$	19	7.8	30	
Cross section area	cm <sup>2</sup>	0.95 @ 0.75 $L_o$	0.64 @ 0.85 $L_o$	2.0 @ 0.78 $L_o$	
Tension intensity	N/cm <sup>2</sup>	116	88	130	35
Stiffness intensity	N/ $L_o$ cm <sup>2</sup>	331	313	565	73
Work density per cycle	J/cm <sup>3</sup>	0.20	0.12	0.15	0.13
Coulomb friction	N	2.5	5	5	0
Maximum velocity	$L_o$ /s	> 6.19			2 - 8 or 20
Average power density	W/cm <sup>3</sup>	1.1			
Peak power density	W/cm <sup>3</sup>	2.65			0.70
Energy efficiency	-	0.32 - 0.49			0.2 - 0.25

# Klute & Hannaford (1998)

## *Solution w/ Mooney-Rivlin*

ref. Glenn Klute & Blake Hannaford

“Accounting for Elastic Energy Storage in McKibben Artificial Muscle Actuators” Journal of Dynamic Systems, Measurement, and Control, vol. 122, pg. 386-388 (1998).

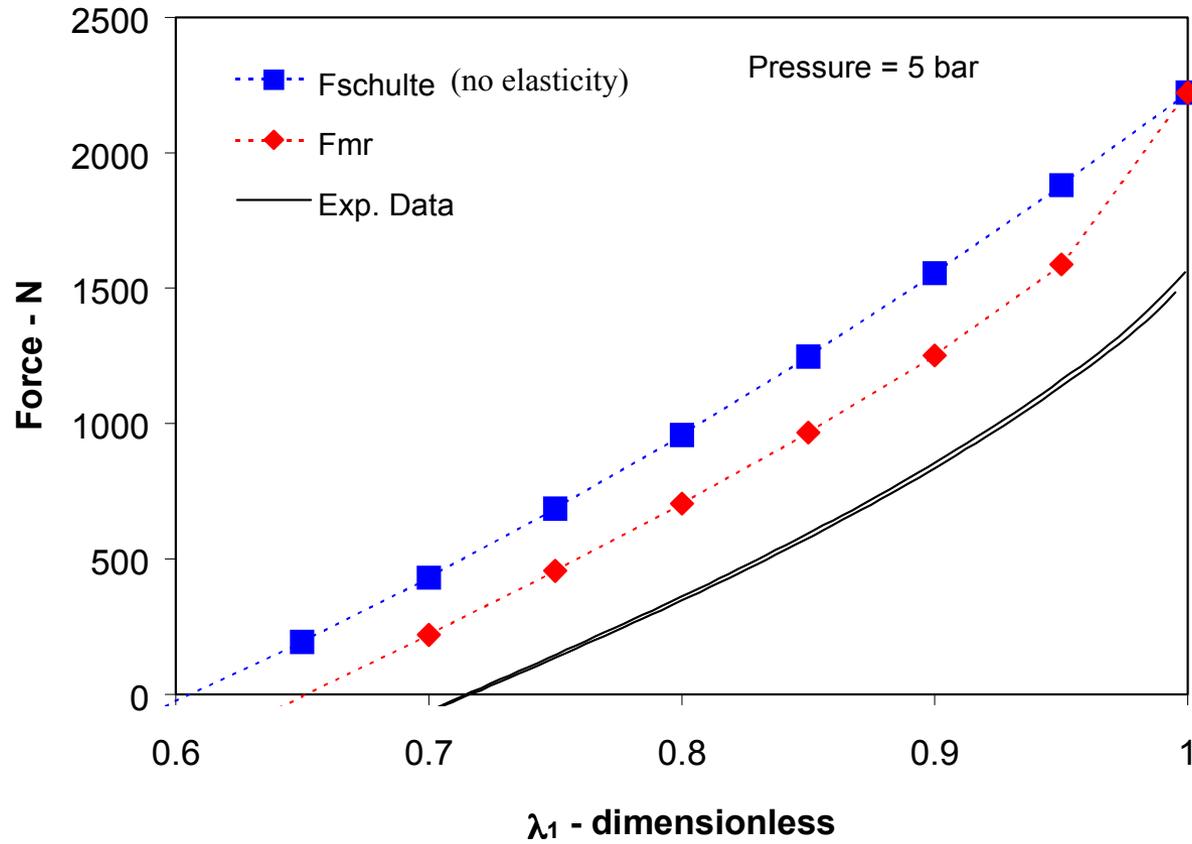
$$F_{mr} = V_0 \frac{dW}{dL} - p \frac{dV_e}{dL} \quad W = C_{10} (\lambda_1^2 + \lambda_2^2 + \lambda_3^2 - 3) + C_{01} (\lambda_1^2 \lambda_2^2 + \lambda_1^2 \lambda_3^2 + \lambda_2^2 \lambda_3^2 - 3)$$

$$C_{10} = 118.4 \text{ kPa} \quad C_{01} = 105.7 \text{ kPa}$$

$$F_{mr} = P \left\{ \frac{3(\lambda_1 L_o)^2 - B^2}{4N^2 \pi} \right\}$$

$$- V_b \left\{ \frac{1}{2L_o^3 \lambda_1^3} \left\{ 4(C_{10} + C_{01})L_o^2 (-1 + \lambda_1^4) + \frac{4L_o^6 (-1 + \lambda_1)\lambda_1^2 (1 + \lambda_1)(C_{10} + C_{01}\lambda_1^2)}{[-4N^2 \pi^2 R_o^2 + L_o^2 (-1 + \lambda_1^2)]^2} \right\} \right. \\ \left. - \frac{4L_o^4 (C_{10} + C_{01}\lambda_1^4)}{-4N^2 \pi^2 R_o^2 + L_o^2 (-1 + \lambda_1^2)} - \frac{L_o^4 \lambda_1^4 [C_{10} + C_{01}(-1 + 2\lambda_1^2)]}{N^2 \pi^2 R_o^2} \right\}$$

# Klute & Hannaford (1998)



# Klute & Hannaford (1998)

## Corrected Model

$$F = \underbrace{V_0 \frac{dW}{dL} - p \frac{dV_e}{dL}}_{F_{mr}} + F_f$$

Coulombic Friction Term  
(fitting parameter)

